USA JUNIOR OLYMPIC SAILING FESTIVAL – LAKE ERIE 2023 NOTICE OF RACE

Refer to the Racing Rules of Sailing 2021 - 2024, Notice of Race and Sailing Instructions







2023

Organizing Authority:

Mentor Harbor Yachting Club

NOTICE OF RACE

1. RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2 Rules may also be changed in the Sailing Instructions.

2. ELIGIBILITY & ENTRY

2.1 CLASSES

- 2.1.1 The regatta is open to all boats of the ILCA (Laser Radial and Full), Club 420 (Spinnaker and JAM), and Optimist Gold (Red/White/Blue) and Opti Green classes.
- **2.1.2** Eligible boats may enter by completing registration and paying the registration fee online at https://theclubspot.com/regatta/kqEYUptokB

2.2 **AGE**

Applicants for all classes shall be no younger than the age of 7, and can compete through the summer following their senior year in high school. Optimist class age rules apply.

2.3 US SAILING and I-LYA MEMBERSHIP

Membership in US Sailing is required for each competitor (helmsman and crew for doublehanded classes). Sailors can join online at www.ussailing.org/membership.

I-LYA Membership is required only for competitors who are members of an I-LYA club; their scores will count toward the overall 2022 Traveler Series awards for as this is Traveler Series #6 of 8.

2.4 CLASS ASSOCIATION MEMBERSHIP

US Sailing recommends, but does not require, that competitors are members of their respective class associations (i.e., Optimist, ILCA, Club 420, etc.).

2.5 **GREEN REGATTA**

This regatta is a Sailors for the Sea "Clean Regatta." All competitors are required to use non-single-use water bottles and recycle all appropriate items. Competitors are reminded of rule 55 which states that competitors "shall not intentionally put trash in the water." Mentor Harbor Yachting Club is a Gold-Standard Clean Marina.

3. **BOATS/MEASUREMENT**

- 3.1 Boat class c420 with crew of 2 including helmsman, will be used. Boat class Laser (Radial and Full rigs) will be used. Boat class Optimist will be used.
- 3.2 Competitors are encouraged to bring their own boats. A limited number of Optimists and c420s may be available for charter from MHYC. Please contact mhycsailcamp@gmail.com with any charter requests by June 30, 2022.
- 3.3 All boats must have a floating bowline of appropriate length.
- **3.4** Each competitor will be responsible for their boats being in compliance with the class rules.

4. FEES

The entry fee for all classes is \$ **145** per boat or competitor. The entry fee includes: Professional Debriefs/Coaching Get up close and personal with national-level coaches who will give you professional tips and tricks to improve your sailing over 2 days on land and on the water.

5. Junior Sailor Registration is \$145 per sailor (late fee of \$30 per sailor after July 2). NOTE: 420 skippers must register and pay for the crew, enter crew email so the crew is sent an email to complete their registration.

Official 2021 JO T-Shirt The Junior Olympic T-shirt is a red tech shirt.

Awesome Food Sailors and Coaches are invited to join us for: a Friday afternoon snack, dinner; breakfast, lunch and dinner on Saturday; breakfast and lunch on Sunday; and ice cream treats each day.

Clinic Recap Each Fleet coach will write up a takeaway of what coaches and competitors were taught at the clinic for future reference!

Entertainment

Enjoy MHYC's beautiful pool after racing until 8p, the DJ on the patio after racing on Saturday, Beach Toys on the MHYC West Beach including MHYC's kayaks, SUPs, O'pen Bics and RS Fevas. The annual West Beach Saturday Night Bonfire party with s'mores.

Swag The first 120 registrants receive a swag bagfull of sailing stickers, goodies and more!

Raffle prizes courtesy of our sponsors. Raffle prizes will be drawn at the awards ceremony on Sunday.

Coach Wristbands

Our fleet coaches will provide a Coaching Clinic on Friday night and the Power Talks on Saturday, plus other debriefs with coaches throughout the weekend to fine-tune your instruction skills, bring new ideas back to your race team or sail camp. On the race courses, watch how elite sailing coaches work with junior sailors on and off the water and improve your skills. Participate in daily debriefs. Purchase a wristband to be included in all of our meals and receive a t-shirt. T-shirts are only available to coaches who register by July 2. Please note: It is not required for your team's coach to register for the Coaching Skill-Builder Clinic, but each team is required to supply a safety boat with a supervising adult or coach on the race courses on Sunday, and a "shore adult" in case of emergency on Sunday. Smaller teams can share coach/on-shore duties. Coach Wristbands should be purchased by July 2. https://theclubspot.com/regatta/kqEYUptokB

With a coach wristband, you will also receive:

T-Shirt! The Official Junior Olympic T-shirt, which is a red tech shirt.

Awesome Food Pizza on Friday, Breakfast, lunch and dinner on Saturday, and breakfast and lunch on Sunday.

6. SCHEDULE OF EVENTS

Friday, July 7

Junior Olympics Festival Skill Builder Clinic Day 1

Registration & check-in 1000-1200 JO Tent (West Beach).

1200-1700 Clinic Day 1 Clinic modules include on-the-water drills, chalk talks, and more.

1730 Coach Dinner/Clinic

1730 Dinner Pizza Party for Competitors

Saturday, July 8

Junior Olympics Festival and Skill Builder Clinic Day 2

0800-0900 Breakfast

0900 Festival Kickoff followed by Fleet Clinics including high performance boats, chalk talks, drills, and more.

Lunch served midday

1700-1800 – Dinner and Power Talks with Coaches - JO Tent

1800-18451500-1900 West Beach Sailing and Water Sports Fun

2000- Pool Closes

Evening Activities: West Beach for Sunset, S'mores, and more!

Sunday, July 11

Junior Olympics Regatta (Travelers Series #6)

0800-0900 Breakfast and lunch assembly (Lunch will be eaten on the water)

0830 Breakfast Debrief with Coaches, Safety Meeting

0900 Skippers Meeting followed by fleet meetings

1025 First Signal

1600 No racing signal after this time.

1630 Awards presentation - Patio

Note: The Sunday Green Fleet schedule will be the same through the Skippers Meeting at which point a second, separate meeting for Green Fleet sailors may be conducted and the remainder of the schedule for that fleet will be announced.

- 7. **ADVANCE REGISTRATION** Competitors shall register in advance by registering online at https://theclubspot.com/regatta/HEV5ufLR9z. Entry deadline is *July 2*. Late fee of \$30 per sailor applies thereafter.
- 8. **SAILING INSTRUCTIONS -** The Sailing Instructions (SIs) will be available at registration and on the website. **https://theclubspot.com/regatta/kqEYUptokB**
- 9. **SCORING -** A maximum of 6 races are scheduled, of which 1 shall be completed to constitute a series. If 5 or more races are sailed, a boat's worst score shall be discarded.
- 10. **COACHES** Coaches have an opportunity to register to receive a food wristband, official t-shirt, and access to the professional coaching debriefs. Coaches who bring proof of US Sailing certification will be given appropriate access to participants and recognition. All coach / parent boats shall register with the Race Committee and also at the Registration Desk. Each coach / parent boat shall have a working VHF radio. The conduct of registered support boats and all other boats including spectator boats shall be governed by *The Racing Rules of Sailing* and the Sailing Instructions.
- 11. **SAFETY -** A US Coast Guard approved lifejacket only that depends 100% on foam for flotation that is the appropriate size for the sailor shall be worn, properly fastened, at all times while launching and when sailing, except briefly when adding or removing clothing. Each competitor is required to have a whistle attached to their PFD. Failure to comply with this rule may result in disqualification. A boat retiring from a race shall notify a Race Committee vessel before leaving the course, or when that is impossible, *the MHYC Gas Dock* immediately after arrival ashore.

An adult (parent, guardian or designated adult) is responsible for the safety of each sailor. It is the responsibility solely of this adult to decide if the sailor should sail in the weather and sea conditions that might arise during the event. The adults supervising the competitors are ultimately responsible for the risks.

Parents not personally attending the event must ensure that another adult is authorized and designated to make these decisions for their sailor and each competitor shall indicate in writing the parent or adult representative that shall be responsible for the competitor throughout the event. This may be a coach or a parent. The designated adult will accept full responsibility for all actions of the

competitor during any activity related to the event. This includes on-shore activities before, during, and after the Sailing Festival activities.

12. MEDIA RIGHTS - By participating in this regatta, a competitor (or parent/guardian if under age 18) grants to the OA, US Sailing and their sponsors the right in perpetuity to make, use and show, from time to time at their discretion, any photographs, motion pictures and live, taped or filmed television and other reproductions of him or her during the period of the competition without compensation.

13. **DISCIPLINE**

- 13.1 Per US Sailing Regulation 10.03 no participant or competitor shall use or possess, either on or off the water: 1) marijuana or any other substance if possession is illegal under state or federal law; or 2) any alcoholic beverages. This regulation is in effect from date and time of arrival through date and time of departure from the venue.
- 13.2 All competitors are expected to maintain the highest level of conduct throughout the entire event. When the Protest Committee, from its own observation or a report received from any source, believes that a competitor may have committed a breach of good manners, a breach of good sportsmanship, unethical behavior or conduct that may bring the sport into disrepute, it may call a hearing. After a proper hearing the penalty may range from a reprimand to dismissal from the regatta and additional action may be taken under RRS 69.
- 13.3 Hearings will be held generally in accordance with the recommendations of Appendix M5 of the RRS. The officers for hearing a violation will consist of the Chief Judge, acting as chairman of the hearing, the Protest Committee and the event chair.

14. PRIZES

Junior Olympic medals will be awarded to competitors placing first through fifth in all divisions. Green Fleet medals will be awarded to all Green Fleet participants. Other awards will be given, categories to be announced at the Skippers Meeting.

15. FURTHER INFORMATION

Website: https://theclubspot.com/regatta/kqEYUptokB

Contact: Regatta Chair Kathy Allyn, kathyallyn@gmail.com

Venue: Races will be held on the open water of Lake Erie, Weather dependent, they will likely be held West of the Mentor Harbor channel and Mentor Harbor Yachting Club in Mentor-on-the-Lake, Ohio. All families are welcome to use MHYC's club facilities for the weekend, including the swimming pool, bath house, West Beach, East Beach facilities, kayak and SUP rentals, and the restaurant and bar. All Junior Olympics guests can request charging privileges through a Guest Account tied to a credit card at registration. Leashed dogs are welcome on the beaches and grounds except for the patio and pool deck; owners are required to be near their dogs at all times. All junior sailors shall vacate MHYC's property by 10:00 p.m. on Friday and Saturday evenings.

Families

You are welcome to use the club grounds - pool, west beach, etc. If you plan to eat at the club you MUST <u>make reservations no later than July 2</u> for Lunch or Dinner on Friday, Saturday or Sunday. <u>reservations@mhyc.us</u> IN order to charge at the club, you will be required to set up a guest account using a credit card. MHYC does not offer reciprocity for this event.

Housing:

Coach boats can be stored for free overnight. Overnight Dockage requests for any boats beyond coach boats and dinghies should be sent to MHYC Harbor Master Ron May at harbormaster@mhyc.us or call 440-257-7214. Campers and RVs are not allowed on West Beach this year due to the new Tent Setup. Some member neighbors are willing to open their lawns to campers but only if an adult is present and monitoring the campers. Requests should be sent to Regatta Chair Kathy Allyn, ASAP, at kathyallyn@gmail.com. Availability is limited, first come, first served. The Club is closed to juniors after 10pm.

Host Club:

Mentor Harbor Yachting Club 5438 Granada Drive Mentor on the Lake, OH 44060 440-257-7214 (main) mhyc.us

Regatta Chair:

Kathy Allyn 440-537-4939 kathyallyn@gmail.com

Disclaimer of Liability

Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race. The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

ADDITIONAL RECOMMENDATIONS

LIFE JACKETS

Each competitor is urged to have a whistle attached to his or her life jacket.

All support people on the water – race committee, mark and safety boat operators, parents, etc. – are strongly encouraged to wear PFDs.